



A Home for the Heart: A Practical Guide to Intimate and Social Relationships

Charlotte Sophia Kasl

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Most of us long for love and intimate relationships. We want to share close friendships and feel connected to spiritual or social action groups, but often we lack the necessary skills. A Home for the Heart is a clear affirming book that takes readers by the hand, empathizes with their fears, and helps them learn how to relate to others in ways that are appropriate, honest, and nurturing. Written in a style that is direct, warm, personal, and simple, it helps us value our connections to others and move from fear of differences to fascination and interest in others' ways.

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