



Gary Null's Ultimate Anti-Aging Program

Gary Null Ph.D.

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Gary Null's Ultimate Anti-Aging Program Gary Null Ph.D.

Now revised and updated with over 100 breakthrough anti-aging recipes.

Would you like to look younger, feel better, and live longer?

We begin to age the moment we are born. How well we do it and how long it takes depend entirely on how well we take care of ourselves. Now America's leading alternative health expert, Gary Null, offers a revolutionary new program to prevent and reverse the effects of aging, enabling you to rejuvenate your body and feel younger, stronger, and healthier than ever before.

Based on Null's research with over one thousand volunteers who tested his comprehensive, four-part anti-aging regimen, **Gary Null's Ultimate Anti-Aging Program** brings you the same plan that transformed the bodies and mental outlook of the program's participants and was documented in the acclaimed PBS special "How to Live Forever." Grounded in the latest scientific findings on how and why the body ages, the program teaches you the safest, most effective ways to detoxify your body, fortify your immune system, and rebuild bones and muscles through nutrition and exercise. Null provides detailed information on the best supplements, nutrients, and alternative therapies available to fight cancer, arthritis, heart disease, osteoporosis, and dozens of other age-related ailments. By following the program you'll also be able to:

Eliminate wrinkles

Prevent gray hair and balding

Maintain sharp eyesight

Improve sexual performance

End fatigue

Stay mentally alert and improve your memory

Reverse or eliminate menopause

So throw out your calendar and turn back the clock--this life-changing guide offers everything you need to stay young and in peak condition for decades to come.

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