



Clinical Application of Neuromuscular Techniques Practical Case Study Exercises

Leon Chaitow, Judith DeLany

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The perfect companion to the two volumes of *Clinical Application of Neuromuscular Techniques*, this guide to case exercises helps readers understand how to use neuromuscular techniques in specific clinical scenarios. It presents a series of 34 individual case histories, differential diagnosis discussions, and questions cross-referenced to the page or section of the textbook where answers can be found. Cases simulate the types of problems typically encountered in neuromuscular therapy practice, selected from a series of case histories submitted by experienced NMT practitioners. This innovative resource emphasizes and promotes a multidisciplinary approach to practice, pointing out when it may be appropriate to refer to other practitioners or explore an alternate course of action.

- Edited by the authors of the two volumes of *Clinical Application of Neuromuscular Techniques*.
- Presents 34 case histories that simulate the types of cases typically seen in neuromuscular therapy practice.
- Includes details of each case similar to the information load a patient would present at the first therapy session such as a patient profile, health history, presenting complaints, contributing factors, and clinical evidence.
- Follows up each case with a series of questions that prompt the reader to consider contraindications, additional tests, and pertinent details necessary to effectively and safely address the presenting condition.
- Offers suggestions on developing a plan of action for each case.
- Cross-references highlighted keywords to the index of each textbook so readers can easily access details associated with particular tests, concepts, and protocols.
- Includes additional boxed information, illustrations, and red flag warnings associated with each discussion.

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