



Skinny Women Are Evil: Notes of a Big Girl in a Small-Minded World

Mo'Nique, Sherri A. McGee

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Comedienne Mo'Nique, the bold, classy sitcom star, Queen of Comedy, and two-time NAACP Image Award winner, is at it again. This time she proves once and for all that *Skinny Women Are Evil*. Mo'Nique shares her tales of frustration in a world designed for the skinny, and lets us in on the tricks and manipulation that finally led her to declare the truth about the real weight-challenged. From travel, exercise, and raising kids, to shopping, dining out, and sex, she tackles the everyday things that make life tough for Fabulous and Thick (F.A.T.) girls.

With Mo's handy Thin-O-Meter as a guide, you'll know immediately whether you're dealing with a skinny evil woman whose goal is to control and change the F.A.T., or a cool thin one who's big at heart. As Mo'Nique puts it, if after two bites of food she proclaims, "I'm stuffed," she's evil. If she asks if you're pregnant, and you're not, then chances are she's evil.

Mo'Nique also discusses how family can impact the F.A.T. She describes in hilarious detail how sibling rivalry takes the form of under-the-breath remarks. Mo'Nique talks about how her grandmother forbade her to eat ice because, "it'll make you fatter."

Ever wondered how to pick the best place for happy hour? Or how to skillfully pack appetizers in your purse? The self-proclaimed culinary connoisseur answers those important questions, and may change the way you dine or, perhaps, where.

After constantly finding frustration and insult with today's fashions, Mo'Nique set her sights on making sure that the F.A.T. have options. So she created her own fashion line and provides a list of designers that respect the curves. She tells it like it is when talking about how F.A.T. love offers more than cushion for the pushin'. She explains the exercise thing in terms BIG girls can relate to, and believes that getting in shape shouldn't be full of frustration, embarrassment, and pain.

The comedienne also tackles the trials of TUBBY travels. She asks how can the F.A.T. truly "fly the friendly skies" if they're made to feel uncomfortable and the subject of lawsuits?

Whether you tip the scales at a puny 100 pounds, or weigh in at a voluptuous 225, *Skinny Women Are Evil* is filled with stories and observations only this comedy heavyweight can bring. So, sit back and get comfortable. After reading *Skinny Women Are Evil*, you'll be singing the praises of FATTY girls, too!

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