



Leading from the Inside Out: A Coaching Model

Virginia E. Bianco-Mathis, Lisa K. Nabors, Cynthia H. Roman

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Leading from the Inside Out: A Coaching Model Virginia E. Bianco-Mathis, Lisa K. Nabors, Cynthia H. Roman

This practical book helps graduate students and professionals develop coaching skills and knowledge. It defines what coaching is and describes and illustrates the key steps in the coaching process including establishing the coaching relationship, collecting and analyzing data, and evaluating performance. Unique to this book is a coaching development model created by the authors. This model focuses on four key aspects of coaching: Coaching the Leader Within – coaching a leader on the alignment of who and what he/she is and wants to be Coaching the Leader with Others – the leader in relationship with others Coaching the Leader with the Organization – coaching the leader to lead change and transform the organization Coaching the Leader with the Community – coaching the leader to leave an intentional legacy All chapters address the process from the perspective of the coach and the leader, illustrate processes through examples and case studies, and provide hands-on exercises, tools, and techniques that can be readily used. Features/Benefits: Numerous real-life stories and cases gleaned from the authors' own experiences that capture the realities of working with clients Worksheets, job aids, scorecards, and other development tools reinforce learning and enhance skills

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