



# Out Of Darkness Into Light: My Personal Journey Into The Realm Of Spirit

*Lydia Clar*

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## **Out Of Darkness Into Light: My Personal Journey Into The Realm Of Spirit** Lydia Clar

Many people interested in the occult and supernatural sit around enamored with the psychic abilities of others. But Lydia Clar believes that you, too, have abilities just waiting to be tapped.

Join a renowned psychic as she shares her personal journey into the spirit world, from how she first began dreaming about events before they occurred to how she followed cosmic signs that led to success and the most important people in her life.

Her journey can be yours, too. In this book, you'll learn:

- How meditation, religion and spirituality are connected to the supernatural;
- The importance of alternative healing methods;
- Dreams and how to interpret them;
- And much more!

Explore the doubts, fears and perplexities that Lydia faced during her personal journey and on the way, overcome your obstacles to develop your own psychic abilities. Learn how to trust the guidance you receive from the spirit world and tap into your hidden nature with *Out of Darkness into Light*.

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