



**Body Language 101: Body Language NOW. The Ultimate Guide to Understand the Hidden Power of Non-Verbal Communication (Body Language, Body Language 101, body language decoded)**

*Tara Oneal*

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**The most important thing in communication is hearing what isn't said. - Peter F. Drucker**

Some words remain unsaid if you don't take the help of immersive too of body language. Many times you miss the golden opportunity because of your lacking of ability to show your inner powers with the help of your body language. This valid book is emphasizing on the idea of how to use body language. This immersive book is core in its notion that body language and non-verbal communication matters much in many of the social and standardized situations. One can reveal his/her hidden powers with the help of his/her body language.

## **The basic ideas given in this book embrace:**

- Body language – An understanding of one's hidden powers
- Types of non-verbal communication – A majestic way of finding one's hidden powers
- Some exciting truths about body language
- Recognize the hidden powers of your hand shake
- How you can confirm your job interview in to a job by use of body language as a way of revealing your hidden powers?


This book is a true guide for the students, employs and for the people with some behavioral problems. Moreover, people with lack of confidence, low self-esteem and with low self assurance can take best guide from this book. Moreover, this incredible book ca also facilitates the patients with psychological problems.

Here in this logistic book you can get immersive ideas regarding how to use your body language as a way of revealing hidden powers. Guidance of which body gesture is right and which situation is right for which gesture has been clearly defined in this book. So, whatever you case is, either you are going to give a tough interview, or you are going to stand on a marriage stage you can take best guide form this enchanting book.

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