



The All New Complete Cooking Light Cookbook: The Ultimate Guide from America's #1 Food Magazine (Cookbook)

Cooking Light Magazine

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This is the biggest, most complete cookbook in *Cooking Light* history! Every appetizer, side, entrée and dessert is guaranteed to be the most temptingly delicious, decadent food you've ever tasted...yet they're all light and healthy. If you have only one light cookbook in your collection, this is the one you need to help you cook and eat smart. You'll find:

- * Over 1,000 Top-Rated, Kitchen-Tested Recipes These are the recipes our staff returns to over and over—the ones we (and our readers) consider the “essential” light recipes.
- * Over 500 Color Photographs Mouthwatering photos will inspire you to make the recipe, and technique photos will guide you through the process.
- * Classic Makeovers—We show you how to lighten favorite recipes without losing flavor, and before and after numbers reveal the difference.
- * Test Kitchen Tips—From mastering perfectly-risen fluffy biscuits to grilling a flawless, juicy steak every time—these and many more secrets to cooking success come straight from our kitchens to yours.
- * Step-by-Step Techniques—Whether you're an experienced cook or a novice, our how-to instructions and color photos take the guesswork out of preparing light-as-air layer cakes, making creamy béchamel sauce, and more.

In addition to over 1,000 fabulous recipes, you'll also get:

- * 5 Keys to Healthy Cooking
- * Nutrient analysis for every recipe
- * 50 menus, including our Top 10 Quick & Easy menus and menu-planning secrets
- * Prep and cook times for every recipe
- * Quick & Easy, Make Ahead, and Freezable recipes identified in Index
- * Entertaining Guide and tips for table settings
- * The ultimate Pantry Checklist
- * Wine tips
- * Glossary and substitution lists

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Sherman Etheridge:

The reason? Because this The All New Complete Cooking Light Cookbook: The Ultimate Guide from America's #1 Food Magazine (Cookbook) is an unordinary book that the inside of the book waiting for you to snap this but latter it will jolt you with the secret this inside. Reading this book next to it was fantastic author who else write the book in such remarkable way makes the content within easier to understand, entertaining approach but still convey the meaning completely. So , it is good for you for not hesitating having this any longer or you going to regret it. This phenomenal book will give you a lot of benefits than the other book possess such as help improving your expertise and your critical thinking technique. So , still want to hold off having that book? If I were being you I will go to the reserve store hurriedly.

Teresa Cook:

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