



# Teenagers Guide to A.D.D.: Understanding & Treating Attention Disorders Through the Teenage Years

*Antony Amen, Sharon Johnson*

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This book may change your life! No kidding. It may be the difference between finishing high school and going to college, or dropping out and working at fast food places for the rest of your life. This book will help you understand ADD, get the best help for it, and help you reach your potential at home, school, work, with friends, and with your sweetheart.

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