



**[(Working with Adolescents and Young Adults: A
Contemporary Psychodynamic Approach)]
[Author: Stephen Briggs] published on (December,
2008)**

Stephen Briggs

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This new edition introduces the inner world of contemporary adolescence, showing how a flexible psychodynamic approach can be used effectively throughout therapy with young people. It updates a popular first edition that had global success. It contains new chapters on hot topics, including body image, self-harm and adolescent depression. It includes additional case study material interspersed throughout to place issues into the real world. The first edition of this popular book won praise for successfully exploring the inner world of contemporary adolescence. The new edition now also examines issues, including self-harm, depression and body image disturbance. Drawing on a flexible psychodynamic approach, it gives evidence-based guidance for both experienced practitioners and students.

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