



The Practice of Hypnotism, Vol. 1: Traditional and Semi-Traditional Techniques and Phenomenology

Andre M. Weitzenhoffer

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Written by the leading authority on hypnotism, the first volume of this set introduces the reader to broad general techniques and procedures that can be adapted to various applications and various situations. The entire range of hypnotic techniques is covered, as well as the following topics: the origins of hypnotism, its scientific status and measurement, self-hypnosis and the hypnotic state. Volume two delves into hypnotism's many possible applications. The work should be of interest to clinicians including psychologists, psychiatrists, physicians, psychotherapists, researchers and cognitive psychologists.

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