



Positive Thinking (40 Ways to Become and Remain Positive Book 1)

Positive Attitude, Lucy Demmy

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The journey from negative attitude to positive attitude is often thought to be difficult and off-putting. However, it is not so; because all that matters is the firm willpower coupled with a change in the present vision no matter how many times one fails to achieve the goal of positive thinking. And for this, one needs a correct understanding about the things and situations in real life in order to properly harness the power of positive thinking. This is what this book tries to convey and explain to all its diverse readers! It is only after understanding people and situations as they are; that we can change or extend our viewpoint to change our vision to make it a holistic one – an essential cause of positive thinking!

We all want to be with positive attitude; no doubt! However, only having such an intention and not working towards it is only like a job half done, which will yield no results. Yes, it is true anybody will first start to change by changing her or his vision and then determining to think, speak, and act as per the new vision. However, keeping a good intention is the second milestone between these two endpoints of the road to success, and that is why reaching at this point is only half a task done. So, in order to move to the third milestone, people need to know the ‘how’ aspect, meaning the different long and short routes to reach the destination (here, it is the goal of being positive). This is exactly where different positive thinking books can help, and that this book is certainly one of those! In this book, the readers will come across 40 different ways to be positive, which are analogous to positive thinking tips! However, all these ways or tips are inter-related, which means you can choose 2, 10, or 20 of them to welcome the healthy revolution in your own life.

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