



# **The Whiskey Man Chronicles: A logical, non-conventional approach to dealing with alcohol problems.**

*Rick Johnsson*

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## **The Whiskey Man Chronicles: A logical, non-conventional approach to dealing with alcohol problems.**

Rick Johnsson

Have you ever tried to stop drinking before, only to find yourself deterred by the "normal" methods being passed around and end up right back to where you were before?

This book shows a logical way of looking at the process of quitting drinking for people who are ready to put down the glass and start living life outside of a haze. Rick Johnsson drank for many years and it was actually one of his favorite hobbies. Then he started noticing how badly it had been affecting his life. He decided to make a change and this book chronicles how he made it happen.

This is as much his story of how he quit drinking as it can be yours. It's a way to look inward to find what matters most in life while doing what's best for yourself without all of the sappy cliché's used by most books of this nature.

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