



# **The Animal Farm Buttermilk Cookbook: Recipes and Reflections from a Small Vermont Dairy**

*Diane St. Clair*

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*The Animal Farm Buttermilk Cookbook: Recipes and Reflections from a Small Vermont Dairy* offers 100 recipes, from sweet to savory, designed to showcase the best that buttermilk can contribute to food, all set in the context of what it is like to live and work on a small Vermont artisanal dairy.

“Since I met Diane over a decade ago, she has shown an unwavering dedication to her family, to her farm and livestock, and most important to the quality of butter she produces on a daily basis. And over the years, she has given me a new understanding of, and appreciation for, commitment. As with anything she undertakes, *The Animal Farm Buttermilk Cookbook* is a product of thought and care. Through her recipes, devoted entirely to what she describes as the ‘elixir of the human race,’ Diane draws you into the rhythms of life on a farm. It is all at once introspective and celebratory. It is a life filled with respect.”

—**Thomas Keller, *The French Laundry***

“The first time I tasted Diane’s butter, I was blown away. And when I later sampled her buttermilk, it was a revelation: gorgeous globs of that golden butter suspended in creamy, tangy buttermilk. Of course I wanted to put it in everything! From the moment I met Diane, I’ve been in awe of her vision, passion, and dedication. Milking cows at dawn during those Vermont winters is not for the faint of heart! She set out to do something her way—making farmstead butter and real buttermilk—and has succeeded brilliantly. I’ve been lucky enough to not only know Diane, but to have visited her farm and have her cook for me—an absolute treat. She claims the dishes are simple, but those meals have become some of my favorite food memories and I always find myself eating long after becoming full at her table because everything is so delicious. This book beautifully shares both her life as a dairy farmer and artisan, and many of her incredible recipes, and will have you seeking out great buttermilk to cook and bake all year round.”

—**Barbara Lynch, chef/founder, *Barbara Lynch Gruppo***

For anyone who’s enjoying a return to real food, true buttermilk remains one of the great, undiscovered pleasures. Many people enjoy organic produce, grass-fed meats, and artisan breads, but “real” dairy has been slower to reach a wide market. In fact, dairy products have long been pasteurized and homogenized into bland tastelessness, with no regard to where the product came from or how it was made.

On Animal Farm in Orwell, Vermont, Diane St. Clair takes butter and buttermilk production to a new level. *The Animal Farm Buttermilk Cookbook* explains her techniques, from animal husbandry and land management, to her creamery processes. Here you’ll learn how to make your own butter and buttermilk at home, and then experiment with the fabulous ways in which buttermilk enhances food flavors and textures.

You’ll also find practical but unique recipes for using buttermilk—everything from buttermilk doughnuts dipped in maple syrup, to salmon chowder, buttermilk ricotta gnocchi, and harissa buttermilk salad dressing. Families will love the buttermilk béchamel pizza, the spicy buttermilk gingerbread, and pork chops smothered in buttermilk sauce. Buttermilk is not just for waffles anymore—although the best waffle recipe you’ll ever find is in this book!

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#### **Jeffrey Smith:**

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#### **Rosa Flint:**

Often the book The Animal Farm Buttermilk Cookbook: Recipes and Reflections from a Small Vermont Dairy has a lot info on it. So when you read this book you can get a lot of advantage. The book was compiled by the very famous author. The author makes some research prior to write this book. That book very easy to read you will get the point easily after scanning this book.

#### **David Furtado:**

Reading can called mind hangout, why? Because when you find yourself reading a book particularly book entitled The Animal Farm Buttermilk Cookbook: Recipes and Reflections from a Small Vermont Dairy your head will drift away trough every dimension, wandering in every aspect that maybe mysterious for but surely will end up your mind friends. Imaging each word written in a book then become one contact form conclusion and explanation this maybe you never get previous to. The The Animal Farm Buttermilk Cookbook: Recipes and Reflections from a Small Vermont Dairy giving you yet another experience more than blown away your brain but also giving you useful info for your better life within this era. So now let us demonstrate the relaxing pattern this is your body and mind will probably be pleased when you are finished examining it, like winning a sport. Do you want to try this extraordinary wasting spare time activity?

#### **Nancy Soto:**

A lot of people said that they feel bored stiff when they reading a book. They are directly felt it when they get a half elements of the book. You can choose the book The Animal Farm Buttermilk Cookbook: Recipes and Reflections from a Small Vermont Dairy to make your reading is interesting. Your skill of reading skill is developing when you similar to reading. Try to choose easy book to make you enjoy to read it and mingle the idea about book and looking at especially. It is to be initially opinion for you to like to start a book and examine it. Beside that the e-book The Animal Farm Buttermilk Cookbook: Recipes and Reflections from a

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