



Adult Development: A New Dimension in Psychodynamic Theory and Practice (Critical Issues in Psychiatry)

Calvin A. Colarusso, Robert A. Nemiroff

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This volume is about the normal development of adulthood, as well as its vicissitudes and the contributions of such development to psychopathology. The authors are psychoanalysts of great clinical skill and perceptiveness, but while their focus is consistently a psychodynamic one, their conceptualizations about adult developmental processes are applicable to virtually all kinds of therapy. It is extraordinary how little attention has been paid to the effects of adult developmental experience on mental development. Obviously mental structures are not static after the profound experiences of childhood and adolescence, nor are they merely a template upon which adult experiences are processed. The authors clearly demonstrate that current adult experience always adds to, and interacts with, existing mental structure, which is itself the result of all preceding development. After a first section in which they examine life cycle ideas on development from antiquity to the present, they present their own work as it relates to adult experience and adult development. Their hypotheses about the psychodynamic theory of adult development are particularly creative and an enormous contribution to the psychiatric literature and the clinical understanding of patients. Consistent with their views that development in adulthood is an ongoing and dynamic process, they elaborate their ideas that childhood development is focused primarily on the formation of psychic structure while adult development is concerned with the continued evolution of existing structure and its use.

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