



# **An Apple a Day...: Old-Fashioned Proverbs and Why They Still Work**

*Caroline Taggart*

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## **An Apple a Day...: Old-Fashioned Proverbs and Why They Still Work** Caroline Taggart

Does absence really make the heart grow fonder? Can beggars be choosers? Is it always better late than never? Proverbs are short, well-known, pithy sayings that offer advice or words of encouragement and are used in everyday English without much thought ever being given to their meanings, or indeed, usefulness. In *An Apple A Day...* Caroline Taggart explores the truth behind our favourite proverbs, their history and whether they offer any genuine help to the recipient. Did you know that "The Old Testament" has an entire book devoted to proverbs? Or that 'a bird in the hand is worth two in the bush' is a proverb from falconry that dates back to the Middle Ages? Many proverbs are still in use today, including the very famous 'slow and steady wins the race', which derives from one of the fables of Aesop, a slave in ancient Greece born in 620BC. Lighthearted but authoritative, *An Apple A Day...* proves that proverbs are as useful today as they ever were.

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#### **Lisa Buffington:**

People live in this new moment of lifestyle always make an effort to and must have the spare time or they will get lot of stress from both day to day life and work. So , when we ask do people have spare time, we will say absolutely of course. People is human not really a robot. Then we inquire again, what kind of activity do you possess when the spare time coming to anyone of course your answer will unlimited right. Then ever try this one, reading textbooks. It can be your alternative within spending your spare time, often the book you have read is usually An Apple a Day...: Old-Fashioned Proverbs and Why They Still Work.

#### **Nellie Ferguson:**

Playing with family in the park, coming to see the water world or hanging out with buddies is thing that usually you might have done when you have spare time, after that why you don't try matter that really opposite from that. 1 activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition of information. Even you love An Apple a Day...: Old-Fashioned Proverbs and Why They Still Work, you can enjoy both. It is fine combination right, you still would like to miss it? What kind of hangout type is it? Oh come on its mind hangout people. What? Still don't understand it, oh come on its identified as reading friends.

#### **Dolores Rawson:**

An Apple a Day...: Old-Fashioned Proverbs and Why They Still Work can be one of your basic books that are good idea. We all recommend that straight away because this publication has good vocabulary that will increase your knowledge in vocab, easy to understand, bit entertaining but nonetheless delivering the information. The copy writer giving his/her effort to set every word into delight arrangement in writing An Apple a Day...: Old-Fashioned Proverbs and Why They Still Work however doesn't forget the main stage, giving the reader the hottest and based confirm resource data that maybe you can be one of it. This great information can drawn you into completely new stage of crucial thinking.

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