



The Culinary Herbal: Growing and Preserving 97 Flavorful Herbs

Susan Belsinger, Arthur O. Tucker

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“This fresh new masterpiece excites the senses!”—Rosemary Gladstar, herbalist and bestselling author

Good cooks know that when it comes to herbs, there is nothing better than those that are clipped fresh from the garden. *The Culinary Herbal* highlights 97 delicious varieties—like black cumin, fenugreek, lemon balm, and saffron—that every food lover will want to add to their kitchen garden. In this gorgeously photographed guide, home cooks will learn which herbs offer the most flavor, how to grow them at home, and how to put them to use. Plant profiles are organized alphabetically by herb type and include basic growing information, flavor notes, and culinary uses. Additional information includes step-by-step instructions for harvesting, preserving, and storing, along with techniques for making pastes, syrups, vinegars, and butters.

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