



## Learning How to Trust Again!

*Ed Delph, Alan Heller, Pauly Heller*

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**God is about to give the strength and courage to be healed at last.**

How thick is the wall you've built around your heart?

Maybe your wall is only one-brick thick because of a hurt you experienced as a teenager. Or maybe your wall is concrete-slab thick because of the pain of a divorce or broken promise. Either way, you have decided not to trust-even God.

This book speaks to the heart of your relationships and provides the tools to demolish the wall. Deep down you know that the wall you've built also keeps out the One who can restore you.

Through true-life stories and God's Word you will learn:

- How to regain your emotional, physical, and spiritual well-being.
- Steps to rebuild relationships.
- 5 keys to regaining trust.
- 3 barriers to completely trusting God.
- What went wrong and how to fix it.

Choose to empower yourself by *Learning How to Trust...Again!*

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